

Newcomer Safety Tips & Important Numbers:

Although Monterrey is considered one of the safest cities in Mexico, it has recently been effected by the war against drugs. It's very easy to say "as long as you are not the police or a drug dealer don't worry" but no matter where you are or who you are you there are safety tips that we should all practice.

IN YOUR HOUSE:

- All valuables should be placed in a safe or at the bank.
- Do not open your door to strangers, talk through window.
- Don't give out personal information on the phone. If someone asks simply say "no hablo español" and hang up.
- If you get a kidnapping threat, call local police immediately by dialing **066**.
- Keep your family name, address and emergency numbers by the main phone in your home. (Include Drs #'s & a friend contact)
- Always lock your doors and arm your alarm (if you have one) when you leave your home.

PUBLIC PLACES:

- Carry bags close to your body, never leave things of value in your car. Beware of Pick pockets.
- Be aware at ATMS. Look and see who is around you. Never go ATM's at night or alone. Check balance daily for discrepancies.
- Avoid demonstrations, political activities result in detention and/or deportation.

TRAVEL:

- Avoid nighttime travel.
- Only use Toll Highways.
- If stranded on the highway, dial **078** for roadside assistance.

WEATHER:

- Roads are very slick when it rains after a dry spell. Its alot like driving on ice. Drive slow and defensive.
- Heavy rain can cause flash flooding and mud slides in some areas.
- During the hurricane season it is common for streets to flood.

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EMERGENCY NUMBERS:

Police	.060
Ambulance	.066
Emergencies	.066
EMME Emergency Medics	.8356-7676
Red Cross	.065
Fire Dept	.8342-0055
Hospital Muguerra	.8399-3453
Hospital San Jose	.8348-3277
Hospital Santa Engracia	.8368-7731
American Citizen Services	.(81) 8342-8506
Your Consulate:	

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